The African-American Family in Slavery and Emancipation

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Introduction

We just prayed for strength to endure to the end. We didn’t expect anything but to have to go on in bondage till we died.
– Delia Garlic, northern Alabama ex-slave

When Amelia Jones told her story to a WPA interviewer in the 1930s, she described her former eastern Kentucky owner as a man who routinely traded black laborers. “Master White didn’t hesitate to sell any of his slaves. He said, ‘You all belong to me and if you don’t like it, I’ll put you in my pocket.’” When Jim Threat described his experiences as a northern Alabama slave, he focused on the danger of permanent separation. “We lived in constant fear,” Jim said, “that we would be sold away from our families.” In her story, Maggie Pinkard gave us some clue how often black families were disrupted. “When the slaves got a feeling there was going to be an auction, they would pray. The night before the sale they would pray in their cabins. You could hear the hum of voices in all the cabins down the row.” Other enslaved women focused more sharply on the mother’s perspective. Several of them lamented that they had “no name” to give their children because they must use their masters’ surnames, not those of their husbands. “I haven’t never had a nine months child,” Josephine Bacchus told the WPA interviewer. “I ain’ never been safe in de family way.” This former slave went on to say that she experienced chronic hunger, sexual exploitation from white males, and quick return to the fields after childbirth. As a result, all her babies, except one, were stillborn. Katie Johnson captured the vulnerability of parents when she said: “During slavery, it seemed lak yo’ chillun b’long to ev’rybody but you.”

These voices recount experiences that are representative of a majority of slaves of the Mountain South, a region characterized by a low black population density and small plantations. What they have to say is startling because they are reporting a past that contradicts the dominant paradigm. The conventional wisdom is that owners rarely broke up slave families; that slaves were adequately fed, clothed, and sheltered; and that slave health or death risks were no greater than those experienced
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by white adults. Why have so many investigations come to these optimistic conclusions? U.S. slavery studies have been handicapped by four fundamental weaknesses:

- a flawed view of the slave family,
- scholarly neglect of small plantations,
- limited analysis of Upper South enslavement,
- academic exaggeration of slave agency.

The Flawed View of the Slave Family

U.S. slavery studies have been dominated by the view that it was not economically rational for masters to break up black families. According to Fogel and Engerman, households were the units through which work was organized and through which the rations of basic survival needs were distributed. By discouraging runaways, families also rooted slaves to owners. Gutman’s work established the view that slave families were organized as stable, nuclear, single-residence households grounded in long-term marriages. After thirty years of research, Fogel is still convinced that two-thirds of all U.S. slaves lived in two-parent households. Recent studies, like those of Berlin and Rowland, are grounded in and celebrate these optimistic generalizations about the African-American slave family.²

None of these writers believes that U.S. slave owners interfered in the construction or continuation of black families. Fogel argues that such intervention would have worked against the economic interests of the owners, while Gutman focuses on the abilities of slaves to engage in day-to-day resistance to keep their households intact. Fogel and most scholars argue that sexual exploitation of slave women did not happen very often. Moreover, the conventional wisdom has been that slaveholders discouraged high fertility because female laborers were used in the fields to a greater extent than male workers. Consequently, the predominant view is that most slave women did not have their first child until about age twenty-one and that teenage pregnancies were rare. To permit women to return to work as quickly as possible, owners protected children by providing collectivized child care.³

Scholarly Neglect of Small Plantations

Those who have supported the dominant paradigm neglected small slaveholdings, the second methodological blunder of U.S. slave studies. Gutman acknowledged this inadequacy of his own work when he commented in passing that “little is yet known about the domestic arrangements and kin networks as well as the communities that developed among
Scholarly Neglect of the Upper South

slaves living on farms and in towns and cities.” Fogel stressed that “failure to take adequate account of the differences between slave experiences and culture on large and small plantations” has been a fundamental blunder by slavery specialists. Because findings have been derived from analysis of plantations that owned more than fifty slaves, generalizations about family stability have been derived from institutional arrangements that represented the life experiences of a small minority of the enslaved population. In reality, more than 88 percent of U.S. slaves resided at locations where there were fewer than fifty slaves.4

Revisionist researchers provide ample evidence that slave family stability varied with size of the slaveholding. Analyzing sixty-six slave societies around the world in several historical eras, Patterson found that slavery was most brutal and most exploitative in those societies characterized by smallholdings. Contrary to the dominant paradigm, Patterson found that family separations, slave trading, sexual exploitation, and physical abuse occurred much more often in societies where the masters owned small numbers of slaves. There were several factors that were more likely to destabilize family life on small plantations than on large ones. According to Patterson, small slaveholdings allowed “far more contact with (and manipulation of) the owner” and “greater exposure to sexual exploitation.” Compared to large plantations, slave families on small plantations were more often disrupted by masters, and black households on small plantations were much more frequently headed by one parent. Stephen Crawford showed that slave women on small plantations had their first child at an earlier age and were pregnant more frequently than black females on large plantations. Steckel argued that hunger and malnutrition were worse on small plantations, causing higher mortality among the infants, children, and pregnant women held there.5

**Scholarly Neglect of the Upper South**

In addition to their neglect of small plantations, scholars who support the dominant paradigm have directed inadequate attention to enslavement in the Upper South. Instead, much of what is accepted as conventional wisdom is grounded in the political economy and the culture of the Lower South. Why is it so important to study the Upper South? In the United States, world demand for cotton triggered the largest domestic slave trade in the history of the world. Between 1790 and 1860, the Lower South slave population nearly quadrupled because the Upper South exported nearly one million black laborers. In a fifty-year period, two-fifths of the African-Americans who were enslaved in the Upper South were forced to migrate to the cotton economy; the vast majority were sold through
interstate transactions, and about 15 percent were removed in relocations with owners.6

Because of that vast interregional forced migration, Upper South slaves experienced family histories that contradict the accepted wisdom in U.S. slave studies. Though their arguments still have not altered the dominant paradigm, revisionist researchers offer evidence that slave family stability varied with southern subregion. Tadman contends that, after the international slave trade closed in 1808, the Upper South operated like a “stock-raising system” where “a proportion of the natural increase of its slaves was regularly sold off.” As a result, the chances of an Upper South slave falling into the hands of interstate traders were quite high. Between 1820 and 1860, one-tenth of all Upper South slaves were relocated to the Lower South each decade. Nearly one of every three slave children living in the Upper South in 1820 was gone by 1860. Among Mississippi slaves who had been removed from the Upper South, nearly half the males and two-fifths of the females had been separated from spouses with whom they had lived at least five years. Stevenson contends that Virginia slave families were disproportionately matrifocal because of the slave trading and labor strategies of Upper South masters. Clearly, the fifty-year forced labor migration of slaves must be taken into account in scholarly assessments of family stability and of household living conditions.7

Scholarly Preoccupation with Slave Agency

The fourth weakness in U.S. slavery studies has been a preoccupation with slave agency. As Kolchin has observed, most scholars “have abandoned the victimization model in favor of an emphasis on the slaves’ resiliency and autonomy.” Like a number of other scholars, I have grown increasingly concerned that too many recent studies have the effect of whitewashing from slavery the worst structural constraints. Because so much priority has been placed on these research directions, there has been inadequate attention directed toward threats to slave family maintenance. Notions like “windows of autonomy within slavery” or an “independent slave economy” seriously overstate the degree to which slaves had control over their own lives, and they trivialize the brutalities and the inequities of enslavement. Patterson is scathing in his criticism of the excesses of studies that assign too much autonomy to slaves.

During the 1970s, a revisionist literature emerged in reaction to the earlier scholarship on slavery that had emphasized the destructive impact of the institution on Afro-American life. In their laudable attempts to demonstrate that slaves, in spite of their condition, did exercise some agency and did develop their own unique patterns of culture and social organization, the revisionists went to the
Opposite extreme, creating what Peter Parish calls a “historiographical hornet’s nest,” which came “dangerously close to writing the slaveholder out of the story completely.”

In their haste to celebrate the resilience and the dignity of slaves, scholars have underestimated the degree to which slaveholders placed families at risk. Taken to its extreme, the search for individual agency shifts to the oppressed the blame for the horrors and inequalities of the institutions that enslaved them. If, for example, we push to its rhetorical endpoint the claim of Berlin and Rowland that slaves “manipulated to their own benefit the slaveowners’ belief that regular family relations made for good business,” then we would arrive at the inaccurate conclusion (as some have) that the half of the U.S. slave population who resided in single-parent households did so as an expression of their African-derived cultural preferences, not because of any structural interference by owners. If we push to its rhetorical endpoint the claim that there was an independent slave economy, then we must ultimately believe that a hungry household was just not exerting enough personal agency at “independent” food cultivation opportunities. Such views are simply not supported by the narratives of those who experienced enslavement. Nowhere in the 600 slave narratives that I have analyzed (within and outside the Mountain South) have I found a single slave who celebrated moments of independence or autonomy in the manner that many academics do. Some slaves did resist, but ex-slaves voiced comprehension that their dangerous, often costly acts of civil disobedience resulted in no long-term systemic change.

The Target Area for This Study

In sharp contrast to previous studies, I will test the dominant paradigm of the slave family against findings about a slaveholding region that was typical of the circumstances in which a majority of U.S. slaves were held. That is, I will examine enslavement in a region that was not characterized by large plantations and that did not specialize in cotton production. Even though more than half of all U.S. slaves lived where there were fewer than four slave families, there is very little research about family life in areas with low black population densities. Despite Crawford’s groundbreaking finding that plantation size was the most significant determinant of quality of slave life, this is the first study of a multistate region of the United States that was characterized by small plantations.

This study breaks new ground by investigating the slave family in a slaveholding region that has been ignored by scholars. I will explore the complexities of the Mountain South where slavery flourished amidst a
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nonslaveholding majority and a large surplus of poor white landless laborers. In geographic and geological terms, the Mountain South (also known as Southern Appalachia) makes up that part of the U.S. Southeast that rose from the floor of the ocean to form the Appalachian Mountain chain 10,000 years ago (see Map 1). In a previous book, I documented the historical integration of this region into the capitalist world system. The incorporation of Southern Appalachia entailed nearly one hundred fifty years of ecological, politico-economic, and cultural change. Beginning in the early 1700s, Southern Appalachia was incorporated as a peripheral fringe of the European colonies located along the southeastern coasts of North America. During the early eighteenth century, the peripheries of the world economy included eastern and southern Europe, Hispanic America, and “the extended Caribbean,” which stretched from

Map 1. Where is the Mountain South?
the Atlantic colonies of North America to northeastern Brazil. As the geographical space for several wars, the Mountain South became one of the major frontier arenas in which England, France, and Spain played out their imperialistic rivalry. Within two decades, the region’s indigenous people were integrated into the commodity chains of the world economy to supply slaves to New World plantations and to produce deerskins to fuel western Europe’s emergent leather manufacturing. After the American Revolution, Southern Appalachia formed the first western frontier of the new nation, so it was quickly resettled by Euroamericans.11

On a world scale, Southern Appalachia’s role was not that different from many other peripheral fringes at the time, including inland mountain sections of several Caribbean islands, Brazil, the West Indies, and central Europe. Incorporation into the capitalist world economy triggered within Southern Appalachia agricultural, livestock, and extractive ventures that were adapted to the region’s terrain and ecological peculiarities. Yet those new production regimes paralleled activities that were occurring in other sectors of the New World that had been colonized by western Europe. Fundamentally, the Mountain South was a provisioning zone, which supplied raw materials to other agricultural or industrial regions of the world economy.12

On the one hand, this inland region exported foodstuffs to other peripheries and semiperipheries of the western hemisphere, those areas that specialized in cash crops for export. The demand for flour, meal, and grain liquors was high in plantation economies (like the North American South and most of Latin America), where labor was budgeted toward the production of staple crops. So it was not accidental that the region’s surplus producers concentrated their land and labor resources into the generation of wheat and corn, often in terrain where such production was ecologically unsound. Nor was it a chance occurrence that the Southern Appalachians specialized in the production of livestock, as did inland mountainous sections of other zones of the New World. There was high demand for work animals, meat, animal by-products, and leather in those peripheries and semiperipheries that did not allocate land to less-profitable livestock production.

On the other hand, the Mountain South supplied raw materials to emergent industrial centers in the American Northeast and western Europe. The appetite for Appalachian minerals, timber, cotton, and wool was great in those industrial arenas. In addition, regional exports of manufactured tobacco, grain liquors, and foodstuffs provisioned those sectors of the world economy where industry and towns had displaced farms. By the 1840s, the northeastern United States was specializing in manufacturing and international shipping, and that region’s growing
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Trade/production centers were experiencing food deficits. Consequently, much of the Appalachian surplus received in Southern ports was reexported to the urban-industrial centers of the American Northeast and to foreign plantation zones of the world economy. In return for raw ores and agricultural products, Southern markets – including the mountain counties – consumed nearly one-quarter of the transportable manufacturing output of the North and received a sizeable segment of the redistributed international imports (e.g., coffee, tea) handled by Northeastern capitalists.

Beginning in the 1820s, Great Britain lowered tariffs and eliminated trade barriers to foreign grains. Subsequently, European and colonial markets were opened to North American commodities. Little wonder, then, that flour and processed meats were the country’s major nineteenth-century exports, or that more than two-thirds of those exports went to England and France. Outside the country, then, Appalachian commodities flowed to the manufacturing centers of Europe, to the West Indies, to the Caribbean, and to South America. Through far-reaching commodity flows, Appalachian raw materials – in the form of agricultural, livestock, or extractive resources – were exchanged for core manufactures and tropical imports.¹³

Slavery in the American Mountain South

Peripheral capitalism unfolded in Southern Appalachia as a mode of production that combined several forms of land tenure and labor. Because control over land – the primary factor of production – was denied to them, the unpropertied majority of the free population was transformed into an impoverished semiproletariat. However, articulation with the world economy did not trigger only the appearance of free wage labor or white tenancy. Capitalist dynamics in the Mountain South also generated a variety of unfree labor mechanisms. To use the words of Phillips, “the process of incorporation . . . involved the subordination of the labor force to the dictates of export-oriented commodity production, and thus occasioned increased coercion of the labor force as commodity production became generalized.” As a result, the region’s landholders combined free laborers from the ranks of the landless tenants, croppers, waged workers, and poor women with unfree laborers from four sources. Legally restricted from free movement in the marketplace, the region’s free blacks, Cherokee households, and indentured paupers contributed coerced labor to the region’s farms. However, Southern Appalachia’s largest group of unfree laborers were nearly three hundred thousand slaves who made up about 15 percent of the region’s 1860 population. About three of every ten adults
in the region’s labor force were enslaved (see Map 2). In the Appalachian zones of Alabama, Georgia, South Carolina, and Virginia, enslaved and free blacks made up one-fifth to one-quarter of the population. In the Appalachian zones of Maryland, North Carolina, and Tennessee, blacks accounted for only slightly more than one-tenth of the population. West Virginia and eastern Kentucky had the smallest percentage of blacks in their communities. The lowest incidence of slavery occurred in the *mountainous* Appalachian counties where 1 of every 6.4 laborers was enslaved. At the other end of the spectrum, the *ridge-valley* counties utilized unfree laborers more than twice as often as they were used in the zones with the most rugged terrain.
Consisting of 215 mountainous and hilly counties in nine states, this large land area was characterized in the antebellum period by nonslaveholding farms and enterprises, a large landless white labor force, small plantations, mixed farming, and extractive industry. Berlin’s conceptualization of a slave society caused us to predict that slavery did not dominate the Mountain South because there were not large numbers of plantations or slaves. I contested that assumption in a previous book. A region was not buffered from the political, economic, and social impacts of enslavement simply because it was characterized by low black population density and small slaveholdings. On the one hand, a Lower South farm owner was twelve times more likely to run a large plantation than his Appalachian counterpart. On the other hand, Mountain slaveholders monopolized a much higher proportion of their communities’ land and wealth than did Lower South planters. This region was linked by rivers and roads to the coastal trade centers of the Tidewater and the Lower South, and it lay at the geographical heart of antebellum trade routes that connected the South to the North and the Upper South to the Lower South. Consequently, two major slave-trading networks cut directly through the region and became major conduits for overland and river transport of slave coffles (see Map 3 in Chapter 1). No wonder, then that the political economies of all Mountain South counties were in the grip of slavery. Even in counties with the smallest slave populations (including those in Kentucky and West Virginia), slaveholders owned a disproportionate share of wealth and land, held a majority of important state and county offices, and championed proslavery agendas rather than the social and economic interests of the nonslaveholders in their own communities. Moreover, public policies were enacted by state legislatures controlled and manipulated by slaveholders. In addition, every Appalachian county and every white citizen benefited in certain ways and/or was damaged by enslavement, even when there were few black laborers in the county and even when the individual citizen owned no slaves. For example, slaves were disproportionately represented among hired laborers in the public services and transportation systems that benefited whites of all Appalachian counties, including those with small slave populations. Furthermore, the lives of poor white Appalachians were made more miserable because slaveholders restricted economic diversification, fostered ideological demeaning of the poor, expanded tenancy and sharecropping, and prevented emergence of free public education. Moreover, this region was more politically divided over slavery than any other section of the South. Black and poor white Appalachians were disproportionately represented among the soldiers and military laborers for the Union Army. The Civil War tore apart Appalachian communities, so that the Mountain
South was probably more damaged by army and guerilla activity than any other part of the country.\textsuperscript{15}

In an earlier work, I identified six indicators that distinguish the Mountain South from the Lower South.\textsuperscript{16}

- One of every 7.5 enslaved Appalachians was either a Native American or descended from a Native American. Thus, black Appalachians were 4.5 times more likely than other U.S. slaves to be Native American or to have Indian heritage, reflecting the presence of eight indigenous peoples in this land area.

- Mountain slaves were employed outside agriculture much more frequently than Lower South slaves. At least one-quarter of all mountain slaves were employed full time in nonagricultural occupations. Thus, slaves were disproportionately represented in the region’s town commerce, travel capitalism, transportation networks, manufactories, and extractive industries.

- In comparison to areas of high black population density, mountain plantations were much more likely to employ ethnically mixed labor forces and to combine tenancy with slavery.

- Compared to the Lower South, mountain plantations relied much more heavily on women and children for field labor.

- Fogel argued that “the task system was never used as extensively in the South as the gang system.” Except for the few large slaveholders, Mountain South plantations primarily managed laborers by assigning daily or weekly tasks and by rotating workers to a variety of occupations. Moreover, small plantations relied on community pooling strategies, like corn huskings, when they needed a larger labor force. Since a majority of U.S. slaves resided on holdings smaller than fifty, like those of the Mountain South, it is likely that gang labor did not characterize Southern plantations to the extent that Fogel claimed.\textsuperscript{17}

- Mountain slaves almost always combined field work with nonfield skills, and they were much more likely to be artisans than other U.S. slaves.

Several findings about the Mountain South cry out for scholarly rethinking of assumptions about areas with low black population densities and small plantations.

- On small plantations, slave women worked in the fields, engaged in resistance, and were whipped just about as often as men.

- Mountain masters meted out the most severe forms of punishment to slaves much more frequently than their counterparts in other Southern regions. Appalachian ex-slaves reported frequent or obsessive physical punishment nearly twice as often as other WPA interviewees. There was greater brutality and repression on small plantations than on large plantations. Moreover, areas with low black population densities were
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disproportionately represented in court convictions of slaves for capital crimes against whites. As on large plantations, small plantations punished slaves primarily for social infractions, not to motivate higher work productivity.
- As Berlin observed, “the Africanization of plantation society was not a matter of numbers.” Thus, slaves on small plantations engaged in much more day-to-day resistance and counter-hegemonic cultural formation than had been previously thought.18

Methods, Sources, and Definitions
As in my previous work, this study avoids the socially constructed regional definitions that emerged in the 1960s around the War on Poverty. Instead, I define the Mountain South in terms of terrain and geological formation, resulting in a target area that stretches through nine states from western Maryland to northern Alabama. The vast majority of the Mountain South is not mountainous. Hill-plateaus and valleys adjacent to long ridges make up more than 80 percent of the acreage. Most of the highest, longest ridges of the mountain chain lie in the Appalachian counties of Virginia, a zone that some scholars would exclude because it was characterized by such a high incidence of slaveholding. Geologically, these counties are part of the Appalachian Mountain chain, so it requires some artificial, nonterrain construct to justify their ejection from the regional definition. Indeed, it is crucial to include Appalachian Virginia because the prevailing view has been that terrain like the Blue Ridge Mountains prevented the expansion of slavery in North America. Thus, one could reasonably ask why slavery was so entrenched in Appalachian Virginia if rough terrain precluded the use of slave labor. Obviously, it is important to include all the subsections of the Mountain South to draw comparisons between zones characterized by diverse terrain, differently sized slaveholdings, and varied economic specializations. The reader will find discussions of West Virginia throughout the book, even though it did not achieve statehood until 1863, and those references are not an historical error on my part. Because that area formed a separate state in the midst of the Civil War, it is crucial to examine how enslavement differed in the eastern, western, and far western sections of Virginia. To ensure that my statistical analysis would not be corrupted by either an overestimation of slavery in Virginia’s most western counties or an understatement of the extent of plantations in Blue Ridge and southwestern Virginia, I have separated out quantitative data and slave narratives for those counties that became West Virginia during the Civil War.19
Methods, Sources, and Definitions

To research this complex topic, I have triangulated quantitative, archival, primary, and secondary documents. I derived my statistical analysis from a database of nearly twenty-six thousand households drawn from nineteenth-century county tax lists and census manuscripts. In addition to those samples, I relied on archived records from farms, plantations, commercial sites, and industries. A majority of the slaveholder collections utilized for this research derived from small and middling plantations. However, I did not ignore rich Appalachian planters, like Thomas Jefferson or John Calhoun. Never to quote or cite an Appalachian planter is to deny that they existed and to ignore that they were the richest, most politically powerful families in Appalachian counties. Indeed, I present information about them to demonstrate that they are similar to their Lower South counterparts and, therefore, very different from the typical farmers in their communities. It is also necessary to draw upon planter documents to show that larger plantations implemented different crop choices, surveillance strategies, and labor management practices than did smallholdings. Still, those rich planters account for less than 1 percent of all the citations and details provided in this study. 20

Throughout this book, I have used the term plantation consistently to refer to a slaveholding enterprise. I have purposefully done this to distinguish such economic operations from the nonslaveholding farms that characterized the Mountain South. Far too many scholars confront me at meetings with the mythological construct that the typical Appalachian slaveholder was a benign small farmer who only kept a couple of slaves to help his wife out in the kitchen. By using plantation to distinguish all slaveholding farms, I seek to erode the stereotype that small plantations might be the social, political, and economic equivalent of small nonslaveholding farms in their communities. On the one hand, small plantations could not have owned black laborers if those families had not accumulated surplus wealth far in excess of the household assets averaged by the majority of nonslaveholding Appalachians. On the other hand, planters and smallholders alike controlled far more than their equitable share of the political power and economic resources in their communities. Because small slaveholders aspired to be planters, they did not often align themselves with the political and economic interests of nonslaveholders. According to Berlin, “what distinguished the slave plantation from other forms of production was neither the particularities of the crop that was cultivated nor the scale of its cultivation…. The plantation’s distinguishing mark was its peculiar social order, which conceded nearly everything to the slaveowner and nothing to the slave.” That social order was grounded in a racial ideology in which chattel bondage and white supremacy became entwined. For that reason, it is crucial to distinguish a nonslaveholding
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farm from a slaveholding farm. In the Mountain South, a slaveholder did not have to reach planter status to be set apart from neighbors whose antagonism to enslavement would cause them to align themselves with the Union in greater numbers than in any other region of the American South. To distinguish plantations by size, I utilize the definitions that are typically applied by U.S. slavery specialists. A *planter* or large plantation held fifty or more slaves, while a *middling plantation* or slaveholder owned twenty to forty-nine slaves. Thus, a *small plantation* was one on which there were nineteen or fewer slaves.21

**Slave Narratives from the Mountain South**

History does not just belong to those who are reified in government and archival documents. The past is also owned by survivors of inequality and by those who live through injustice at the hands of powerful elites. As Trouillot recognized, “survivors carry history on themselves,” and care must be exercised in the construction of knowledge from their indigenous transcripts. “Silences enter the process of historical production at four crucial moments: the moment of fact creation (the making of sources); the moment of fact assembly (the making of archives); the moment of fact retrieval (the making of narratives); and the moment of retrospective significance (the making of history in the final instance).” To be as inclusive as possible in the final moment of history production, I grounded this study in analysis of narratives of nearly three hundred slaves and more than four hundred white Civil War veterans. I spent many months locating Appalachian slave narratives within the Federal Writers Project, at regional archives, and among published personal histories. Beginning with Rawick’s forty-one published volumes of the WPA slave narratives, I scrutinized every page for county of origin, for interregional sales or relocations that shifted slaves into or out of the Mountain South, and for occurrences during the Civil War that displaced slaves. After that process, I identified other archival and published accounts, finding several narratives in unusual locations, including archives at Fisk University and the University of Kentucky. In this way, I did not ignore the life histories of slaves who were born outside the Mountain South and migrated there or those who were removed to other regions. Ultimately, I aggregated the first comprehensive list of Mountain South slave narratives.22

How representative of the region are these narratives? In comparison to the entire WPA collection, Appalachian slave narratives are exceptional in the degree to which they depict small plantations. By checking the slave narratives against census manuscripts and slave schedules, I established that the vast majority of the Appalachian narratives were collected from
individuals who had been enslaved on plantations that held fewer than twenty slaves. Consequently, Blue Ridge Virginia is underrepresented while the Appalachian counties of Kentucky, North Carolina, and West Virginia are overrepresented. Thus, those areas that held the fewest slaves in this region are more than adequately covered. Appalachian slave narratives are not handicapped by the kinds of shortcomings that plague the national WPA collection. Large plantations, males, and house servants are overrepresented among the entire universe of respondents. In addition, two-fifths of the ex-slaves had experienced fewer than ten years of enslavement. The most serious distortions derived from the class and racial biases of whites who conducted the vast majority of the interviews. Most of the mountain respondents had been field hands, and very few were employed full time as artisans or domestic servants. In terms of gender differentiation, the Appalachian sample is almost evenly divided. In contrast to the entire WPA collection, three-quarters of the mountain ex-slaves were older than ten when freed. Indeed, when emancipated, one-third of the respondents were sixteen or older, and 12 percent were twenty-five or older. Thus, nearly half the Appalachian ex-slaves had endured fifteen years or more of enslavement, and they were old enough to form and to retain oral histories. Perhaps the greatest strength of this regional collection has to do with the ethnicity of interviewers. More than two-fifths of the narratives were written by the ex-slaves themselves or collected by black field workers, including many Tennessee and Georgia interviews that were conducted under the auspices of Fisk University and the Atlanta Urban League. Because the mountain narratives were collected over a vast land area in nine states, this collection offers another advantage. The geographical distances between respondents offer opportunities for testing the widespread transmission of African-American culture.23

I have come away from this effort with a deep respect for the quality and the reliability of these indigenous narratives. When I tested ex-slave claims against public records, I found them to be more accurate than most of the slaveholder manuscripts that I scrutinized, and quite often much less ideologically blinded than many of the scholarly works I have consulted. Therefore, I made the conscious intellectual decision to engage in “the making of history in the final instance” by respecting the indigenous knowledge of the ex-slaves whose transcripts I analyzed. That means that I did not dismiss and refuse to explore every slave voice that challenged conventional academic rhetoric. In most instances, I triangulated the indigenous view against public records and found the slave’s knowledge to be more reliable than some recent scholarly representations. In other instances, I perceived that Appalachian slaves are a people without written
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and that it is important to document the oral myths in which they grounded their community building. Because mountain slave narratives present a view of enslavement that attacks the conventional wisdom, I recognized that they and I were engaging in a process that Trouillot calls “the production of alternative narratives.” When contacted by a Fisk University researcher in 1937, one Chattanooga ex-slave comprehended that he possessed a knowledge about slavery that was different from the social constructions of the African-American interviewer. “I don’t care about telling about it [slavery] sometime,” he commented cynically, “because there is always somebody on the outside that knows more about it than I do, and I was right in it.” Clearly, this poorly educated man understood that historical facts are not created equal and that knowledge construction is biased by differential control of the means of historical production. On the one hand, I set myself the difficult goal of avoiding the kind of intellectual elitism the ex-slave feared while at the same time trying to avoid the pitfall of informant misrepresentation. On the other hand, I heeded the advice of C. Vann Woodward and did not view the use of slave narratives as any more treacherous or unreliable than other sources or research methods.24

Organization of This Research Project

This study seeks to answer several important questions about the impact of enslavement and emancipation on the African-American family.

• To what extent did slave trading disrupt slave families?
• In addition to slave sales, what other labor migrations endangered the stability of slave families?
• Did Mountain South slaveholders provide better living conditions for slave families than Lower South plantations?
• To what extent did slaveholders intentionally interfere in slave marriages, reproduction, and child rearing?
• What was the role of the slave household in producing its own subsistence?
• What were the family roles of black Appalachian women, and were fathers a stable part of households?
• What threats to black family survival resulted from the Civil War, the emancipation process, and Reconstruction policies?

Publication of all the information from sources, methods, and quantitative evidence would require a separate monograph. To make those materials available to other researchers as quickly as possible, I created a permanent electronic library archive. That site provides the tables that support the findings throughout this study, as well as a detailed discussion.